

Neubauer Mental Health Services is committed to making a positive impact in the lives of adolescent and adult individuals with intellectual and/or developmental disabilities dealing with emotional / behavioral issues by providing compassionate application of research supported treatment models and clinical experience in order to assist our clients in achieving their highest potential as they work towards further self-actualization.

Neubauer Mental Health Services is an outpatient mental health organization that specializes in the treatment of adolescent and adult individuals with intellectual and/or developmental disabilities presenting with:

- Behavioral Concerns
- Depression
- Obsessive / Compulsive
- Drug/Alcohol Abuse/Dependence
- Aggression
- Sexual Abuse
- Relationship Concerns
- Self-Injurious Behavior
- Anxiety
- Inappropriate Sexual Behavior
- Family Concerns
- Social Skills Deficits

Services Offered:

- Individual Therapy
- Family Therapy
- Couples/Marital Therapy
- Group Therapy
- Psychiatric Services
- Psychological Evaluation/Assessment
- Behavior/Habilitation Plan Development
- Consultation
- Mental Status Evaluations
- Abel-Blasingame Screening
- Psychosexual Evaluation
- Crisis Intervention/EAP
- Support Staff/Caregiver Training
- In-Home Services
- Spanish-Speaking Services

Groups Offered: (specific to adult individuals with intellectual and/or developmental disabilities)

- Anger Management Group
- Substance Abuse Group
- Gay & Lesbian Group
- Behavior Modification Group
- Grief / Loss Group
- Life Skills Group
- Women's Group
- DBT Skills Group
- Men's Group
- Boundaries Group
- Social Skills Group
- Adolescent Male Group

Neubauer Mental Health Services accepts a variety of insurances as well as offers a sliding scale in order to best serve our clients. We are currently a credentialed provider for:

- Medicaid
- Behavior Healthcare Options
- Cigna
- Medicare
- Value Options
- Culinary / Various Unions
- Blue Cross Blue Shield
- Sierra Health and Life / HPN
- Harmony Healthcare
- UMR
- Aetna
- Humana
- UHC Military/Formerly Tricare
- Teacher's Health Trust
- Clark County Self Funded